



Welcome to Vertical Zone Summer Camp!

Now that your camper is registered for Vertical Zone summer camp, below is all the information you will need before they start their week!

Ages & Skill Level

This camp is designed for participants from ages 5 to 15 with all level skill levels from no experience to advanced.

Supervision

At Vertical Zone we always guarantee that there are qualified coaching staff on the gym floor at **all** times during jumping hours. This ensures that all participants are safe and always guaranteed to learn something new!

Trampoline Rules

1. Control before height.
2. One person on the trampoline at a time.
3. Participants must listen to coaches at all times.
4. No sitting on the end deck mats.
5. Always jump with 2 feet on the same surface (no running on trampolines)
6. Always face the end deck mats while jumping.
7. No flips unless permitted by a certified coach
8. Walk on and off the trampolines
9. No horse play during jumping or viewing time
10. No balls in the gym or on the trampolines
11. All long hair must be tied back
12. Do not eat food or chew gum while jumping
13. Only water bottles are permitted near the trampolines
14. Keep all food in the party room
15. Participants must remove jewelry

ATTENTION: Failure to follow the rules of summer camp listed above may result in the removal from the activity and/or removal from summer camp. These rules are put in place to ensure the safety of the participants on and off the trampolines. Any decision made by the on-duty coaches will be fully supported by management.

What to Wear & What to Bring

- Active clothing (non-restrictive pants & tshirt)
- Socks
- Bathing suit and towel (Wednesday)
- Sunscreen and hat (Thursday)
- Running shoes
- Lunch and snacks
- Lots of water!

Illness, Allergies & Medications

- Medications MUST be in the original packages and stored in a clear plastic bag CLEARLY labeled with camper's name
- Turn all medications into the office staff upon signing in the morning of camp.
- Complete a Health and Medication form which must be filled out when registering the participant for camp, it will be kept with the medication in the office.
- Please communicate to the staff of your child's medical needs and any special instructions that need to be carried out in order to ensure proper care.

Camp counsellors do change week to week. Please make sure that if your child is in multiple weeks that the counsellors are made aware at the beginning of the week of any medical needs.

Camper Pick-up & Drop-off

When dropping off a camper in the morning, we require that they are signed in to the attendance by a parent/guardian before entering the gym. Camper safety is our number 1 priority at Vertical Zone, this is why we require proof of ID before any camp participant can be removed from the facility by a parent/guardian at any time of the day. The names of individuals who are permitted to pick up the participant must be included on the camp registration form.

Outings

There are 3 activities organized each week of camp outside of Vertical Zone. All transportation to and from the locations are arranged prior to the week of camp. Supervision for these outings will include the staff at the locations, as well as coaches from Vertical Zone. Information concerning any changes to these organized outings will be given to all parents/guardians 24 hours prior to the outing.

Refunds, Withdrawals & Cancellations

Full payment is required to hold spots in summer camp. If you wish to withdraw the participant from camp, a minimum of 24 hours' notice is required in order to be eligible to receive the refunded payment.

Holidays

August 7th is a civic holiday, this means that Week 6 (August 8-11) will be a 4 day week. Prices of camp are adjusted for this week and can be found on our "Daily Schedule" hand out.

If you have any concerns regarding Summer Camp, please email our Summer Camp Coordinator. A response time of 24 hours applies for any emails sent. If you wish to receive an immediate response in case of emergency, please phone Vertical Zone directly.

Email: charlie@verticalzone.ca

Phone: 705-794-5867